

Anxiety & Depression Recovery Program

We Offer Programs for
First Responders
Veterans
Military Personnel
General Public



Anxiety-Depression.ca | 888.402.8222

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Our Residential Anxiety & Depression Recovery Program is located in Kelowna, BC.

- 11 days of individual and group treatment
- 4 weeks of post treatment support
- Accommodation in modern and healing residence
- Private rooms
- 24/7 access to members support portal
- The program provides individuals with the skills and resources to overcome the difficulties related to Anxiety & Depression symptoms and triggers

A New Beginning

