

PRE-ADMISSION PROGRAM

Offered to individuals who require immediate support while awaiting admission to our residential programs:

TRAUMATIC STRESS RECOVERY (TSRP)

or ANXIETY & DEPRESSION RECOVERY (A&DRP)







- 4-WEEK PROGRAM
- IN PERSON OR VIDEO COUNSELLING
- PSYCHO-EDUCATIONAL SESSIONS
- PERSONAL COACHING
- 24/7 ACCESS TO ONLINE PORTAL RESOURCES



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