



**DIVERSIFIED**  
REHABILITATION GROUP

**2024 Schedule:**  
**Anxiety & Depression Recovery Program (A&DRP)**  
Duration: 8 weeks

Foundation April 8 <sup>th</sup> – May 3 <sup>rd</sup> Immersion Week May 5 <sup>th</sup> – May 10 <sup>th</sup>	First Responders/Veterans
Foundation May 13 <sup>th</sup> – June 17 <sup>th</sup> Immersion Week June 9 <sup>th</sup> – June 15 <sup>th</sup>	General Public
Foundation July 1 <sup>st</sup> – July 26 <sup>th</sup> Immersion Week July 28 <sup>th</sup> – August 3 <sup>rd</sup>	First Responders/Veterans
Foundation August 5 <sup>th</sup> – August 30 <sup>th</sup> Immersion Week September 1 <sup>st</sup> – September 6 <sup>th</sup>	First Responders/Veterans
Foundation September 8 <sup>th</sup> – October 5 <sup>th</sup> Immersion Week October 6 <sup>th</sup> – October 12 <sup>th</sup>	General Public
Foundation November 18 <sup>th</sup> – December 6 <sup>th</sup> Immersion Week December 8 <sup>th</sup> – 13 <sup>th</sup>	First Responders/Veterans

**A&DRP ITINERARY**

Foundation (Week 1-4)  
Virtual/Online

Immersion (Week 5)  
In-person at Iremia Lodge

Integration (Weeks 6-8)  
Virtual/Online

**CENTRAL INTAKE OFFICE**

Phone: 1-888-402-8222 Fax :1-877-869-1870  
Email: [info@diversifiedrehab.ca](mailto:info@diversifiedrehab.ca) [www.PTSDrecovery.ca](http://www.PTSDrecovery.ca)

[Referral Form](#)

Link to: [Traumatic Stress Recovery Program Schedule](#)

