

## 2024 Schedule: Traumatic Stress Recovery Program (TSRP)

**Duration:11 Weeks** 

January 8 <sup>th</sup> – February 9 <sup>th</sup>	First Responders/Veterans
February 12 <sup>th</sup> – March 15 <sup>th</sup>	First Responder/Veterans
March 18 <sup>th</sup> – April 19 <sup>th</sup>	First Responder/Veterans
April 22 <sup>nd</sup> – May 24 <sup>th</sup>	First Responder/Veterans
May 27 <sup>th</sup> – June 28 <sup>th</sup>	First Responder/Veterans
July 15 <sup>th</sup> – August 16 <sup>th</sup>	First Responder/Veterans
August 19 <sup>th</sup> – September 20 <sup>th</sup>	General Public
September 23 <sup>rd</sup> – October 25 <sup>th</sup>	First Responder/Veterans
November 4th – December 6th	First Responder/Veterans

## TSRP ITINERARY

Residential: Week 1-2 & 4-5 ➤ Home Reintegration: Week 3 ➤ Post-Treatment: Week 6-11(virtually)

## PRE-ADMISSION PROGRAM: IMMEDIATE SUPPORT

<u>The 4-week Admission Program</u> is offered to individuals who require immediate support while awaiting admission to our TSRP residential program. Must commence the Pre-Admission program a minimum of 5 weeks before TSRP. **Ongoing Intake**.

## **CENTRAL INTAKE OFFICE**

Phone: 1-888-402-8222 Fax :1-877-869-1870 Email: info@diversifiedrehab.ca www.PTSDrecovery.ca

**Referral Form** 

Link to: <u>Anxiety & Depression Recovery Program Schedule</u>